

# THE DOGWOOD DIGEST

A weekly highlight of what our forest schoolers explored, learned, played, created, & so much more!

#### Spring Term: Week 5 - April 15 - 21, 2024

Water bugs, water filtrations, water in nature, water everywhere - this was the focus of our explorations this week! Of course, Mother Nature did her thing and gave us plenty of rain to help further our investigations.

#### Seeds (5-7 years)

- Collected water insects in the stream a continuation of bugs from last week
- Found the largest Scuds we have ever seen in our streams - closely resembling freshwater shrimp
- Created a water filter using charcoal, sand and cedar leaves through a tripod catchment system
- Played in the sandbox and looked for bugs at the pond
- Experimented with ratios of soil and water to make muddy water for our water filter
- Collected rainwater to filter
- Created a terrarium for snails, spiders, beetles and other bugs we found - used natural materials to resemble the bugs' natural environment
- Played at the water table and created different water flow patterns
- Practiced the alphabet and spelling while playing Don't Draw Lumberjack Bob
- Played a game similar to our favourite Windy Day Leaf tag - but we called it Seed Survivor - where we discussed what a springtime seed needs to grow

#### Sprouts (7-10 years)

- Had a boat building challenge wrote/drew out our plan, collected natural building materials like sticks and tree bark, and practiced lashing, knot tying, whittling and drilling holes for a mast
- Tested out our boats in different streams and raced them at mushroom valley - brought tubes and hoses for water play!
- Followed the creek to discover where the water was coming from, and explored under the beat bridge
- Played battleships/battlebugs in the Den and practiced our coordinate reading
- Discussed the importance of recognizing and reducing our impact especially on sensitive environments specifically our riparian zones (areas surrounding bodies of water important for water filtration and the health of the environment as a whole
- Explored water flow, how it carves out tunnels in the soft riverbank wall - sent a boat in a waited and watched for it to come out on the other side
- Saw a fisher climb up a tree and come down with its baby in its mouth - a rare experience as they are very
- Played in the sandbox and built a long moat
- Found animal remains and looked closely at the fur and bones to determine it may have been a rabbit
- Experimented with magnifying glasses, holding them toward the sun to try and make burn holes on pieces of wood

## Forest Rangers (11-14 years)

- Discussed different methods of water filtration: in the city and in rural settings as well as movement through the earth and diy filtration methods
- Explored layers of soil: humus, top soil, subsoil, rocks, and bedrock
- Observed our creeks, upstream and downstream, examining various substrates as we traveled searching for the cleanest water
- Rolled down hills, made grass rope, and enjoyed the light rain
- Warmed and dried by the fire in the tipi
- Gathered material to create and use our own filters to clean water before sterilizing it over a fire

### Roots & Shoots (0-6 years)

- Explored a new trail, finding a turtle friend along the
- Enjoyed snack and conversation at the Berry Patch
- Created snail habitats on trays using found loose nature materials on the ground and then Scooter gave us beautiful snails to put into our habitats and examine what they do
- Hiked through Cedar West, finding our way through the mud
- Played at the Nest site, taking turns on the swing, going into the forts, creating at the mud kitchen and climbing on stumps

# Monthly Sprouts (6-8 years)

- Began our morning with a mindfulness moment and discussed the changes in the forest since we were together a month ago - We heard at least 4 different birds, saw buds on tree branches, and felt/smelled mud
- Built a "pirate ship" structure it included a sail and pulley system with a bucket to collect water
- Learned about insects, then went on a bug hunt. The challenge was to find one bug that is classified as an insect and one that is not.
- Discovered a pair of salamanders living under a log
- Explored the creek and mushrooms at Mushroom Valley while being mindful of our impact/footprint on the space
- Played S-P-U-D (bugs version)



## Monthly Saplings (9-12 years)

- Spent the morning returning to our fort village to make modifications, rebuild walls and reinforce structures, and build a fence by weaving cut fruit tree branches to create a backyard complete with a garden and teeter
- Learned about insects having 3 body parts, 2 antennae, 6 legs and sometimes 0-4 wings
- Discovered Rhonda Clickton the "Rhonda" beetle (type of Click Beetle) who led us to a secret underground home full of beetles
- Started our morning fire using only flint and steel! We shaved bark for tinder, and transferred the embers to the fire bowl

#### **Other Dogwood Activities**

- Welcomed educators from YRDSB to explore, learn, create & play; a final gathering for educators who took part in a 2-part pilot of 1 school visit and 1 field trip to Dogwood, with opportunities for professional learning embedded throughout
- Began a 10-week mentorship program with DCDSB where Dragonfly will be working with a teacher and Grade 5 students weekly to bring outdoor learning support to their schoolyard

It was a full and fun week at forest school and every day it seems there are more Spring changes happening in the forest a perfect time for practicing those observation skills! We encourage you to get outside and explore your area for signs of Spring!



A vellow daffodil



Hello! Exploring how water moves through the culvert tunnel





Testing out different water iltration methodsw



Hiking through a wet and foggy forest



Creating snail habitats and watching them explore



A bracelet made from cedar bark by twisting pieces of the bark together





Testing out our boats in the creek



A Click Beetle



Exploring the creek



Starting fire with flint and steel





Hello Snail! Thank you for coming out to play!



A 3 tiered water filtration system using dffferent loose partsi



Fun at the water tables



Hunting for aquatic bugs in the creek





A boat creation complete with pine sail



What a fun place to sit!



Making mud!



Harnessing the power of the sun to create art





A close up of the tiered filttration system





Tubes and water play



Forest Schoolers sittling on a log, pondering life, appreciating nature